



## Welcome to Strike Zone Baseball!

The following rules are intended to provide a safe environment for you and those around you. Please ensure compliance so that everyone's experience is a safe and enjoyable one. Failure to do so will lead to your dismissal from the facility.

Thank you in advance!

- ALL guests must complete a one-time registration/waiver prior to participating in any activity at the Strike Zone Facility.
- No one under age of 6 is permitted to use the cages with active pitching machines.
- All batters under age 16 must be supervised by an adult.
- You must be 18 years of age or older to use/feed the pitching machines.
- All players **MUST** wear turf or tennis shoes. Crocs/Slides/Flip Flops or "Open-Toe" shoes are not allowed. Close toe shoes only.
- Absolutely **NO METAL CLEATS** are allowed in the batting cages.
- Only one batter in cage/tunnel at a time.
- No switch hitting while machine is on.
- Those not batting or operating machines must stand outside netted area.
- Absolutely no "practice swings" outside of the tunnels.
- Instructors/Coaches must be outside of tunnel or behind L-Screen during operation.
- Nets must be closed at all times after entering or exiting the cages.
- Batting helmets must always be worn while hitting in the batting cage.
- No standing in front of the pitching machine or on home plate.
- Do not climb, pull, or hang on safety netting around the cages.
- Machines must be turned OFF when catching/pitching in a tunnel.
- No gum, sunflower seeds or chewing tobacco inside the facility.
- No one under the influence of drugs or alcohol is permitted inside the facility.
- Any equipment malfunction, damage to the batting cage area (including L-Screens), potential hazards, accidents/injuries must be reported immediately.
- **Always be alert!** Pitching machines may throw balls outside of the strike zone.

Use of this equipment and operations are dangerous and may cause serious injury or death. Participants assume a risk while using these facilities.

**STRIKE ZONE BASEBALL**  
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